



## LIP BALM RECIPES

### **Honey Lemon Lip Balm**

- 7 teaspoons Oil
- 2 teaspoons Beeswax
- 1 teaspoon Honey
- 10 drops Lemon Essential Oil, optional

In a double boiler, warm oil, beeswax, and honey until the wax is just melted. Whisk quickly to make sure everything is incorporated.

Remove from heat. Add the essential oil.

Pour into storage containers and let cool and harden before putting on the cap. Let sit for 2 hours before use. Use within 1 year.

### **Healing & Cooling Lip Balm**

- 4 Tablespoons Oil
- 1 Tablespoon Beeswax
- 2 teaspoons Honey
- 20 drops Peppermint Essential Oil

Prepare in the same way as the honey lemon balm.

### **Chocolate Mint Lip Balm**

- 1 Tablespoon Beeswax
- 3 Tablespoons Oil
- 1/2 teaspoon Honey
- 1 teaspoon Cocoa Powder
- 3 drops Peppermint Essential Oil

In a double boiler, warm oil, beeswax, and honey until the wax is melted. Whisk in the cocoa powder quickly and stir until incorporated.

Remove from heat and add the essential oil.

Pour into storage containers and let cool for a couple of hours before adding lid. Use within 1 year.

### **Shea Butter Lip Balm**

- 2 ounces of Oil
- ½ ounce of Shea Butter
- ½ ounce of Beeswax
- 8 drops Essential Oil of Choice, Optional

In a double boiler, warm oil, shea butter, and beeswax until wax is melted.

Remove from heat and add the essential oil.

Pour into storage containers and let cool for a couple of hours before adding lid. Use within 1 year.